

CHRISTMAS

Flipped

Bottom Line: “There can be JOY through the sorrow””

Key Scripture: Luke 2:19 - But Mary was treasuring up all these things in her heart and meditating on them.

Engage

To just be happy all the time is an impossible thing. Our happiness is based on our situation. For instance, you get a new car, you're happy. You wreck it on the way home, you're not happy. You get invited to a friend's house for dinner, you're happy. You show up and “that person” is there, you're not happy. Happiness is built on situations.

1. What are some things that make you happy in life?
2. Joy is something that God gives us that transcends happiness. How are joy and happiness different?
3. When it comes to sorrow it's not a bad thing, but can lead there. How can sorrow become bad and steal our joy?

Unpack

Take a moment and read through Luke 2:16-19.

4. What is something that sticks out to you in these verses?
5. Why was it important for Mary to treasure these things? How does that help later in life?

Apply

With what you have learned today and over the years regarding God's Joy, how can you apply this to your life? What steps do you need to take so you can continue to grow as a Christ Follower and trust in His Word more? How can this group help you find joy during this Christmas season?

Take some time to pray and ask God to continually guide and lead you life.