

Bottom Line: "True peace is found in God." Key Scripture: 2 Thessalonians 3:16

Engage

We all have things in life that affect us in different ways. Things that get us irritated, frustrated and sometimes angry. Some of us handle it much better than others.

- 1. If you turn on the news, you see a world full of conflict. What effect do you think this has on people?
- 2. Even in our work, friend groups, and families there is conflict which causes frustration. When have you seen this?

Unpack

Take a moment and read through 2 Thessalonians 3:16

- 3. What sticks out to you in this verse?
- 4. What do you think it means when Paul says that God will "give you peace always in every way"?

Apply

With what you have learned today and over the years, how can you apply this to your life? What steps do you need to take so you can continue to grow as a Christ Follower and trust in His Word more.

- 5. In your life, do you truly believe that God is the God of peace? If not, what causing your lack of peace?
- 6. What steps do you need to take to receive more of God's peace?

Take some time to pray and ask God to continually guide and lead you life.